



# IMPROV DAY

**Fifth Edition of an international day  
devoted to improvisation theatre  
SATURDAY, MARCH 2nd, 2019**

*“Tragedy--as also Comedy--was at first mere improvisation”*

**Aristote, Poetics, Chapter IV.**





# IMPROV DAY

**Saturday, March 2nd, 2019 : Fifth Edition of Improv Day**

**With the event of Improv Day many improvisation shows will be organized in France and around the globe . Our goal is to create a show that is multiple, as unique as it is ephemeral, in so many cities of the world.**

## **Worldwide shows : France, Canada, Switzerland, Morocco, Japan, Germany, Australia...**

With more than **100 events on the second edition**, Improv Day is back again, stronger than ever with leagues from all over the world.

**Improvisation is facing a spectacular** rise in France but also world wide. Improv Day has been shaped for this, its aim is to grow and move more and more people.

**This day dedicated to the art of instant creation** takes place every first Saturday of March of the year, leading this time to Saturday, March 2nd. International leagues will organize Theatresports, Improv-Comedy or many so other improvised things!

All of these forms allow to **bring life to words** in a few seconds...

Each day, a new league join the Improv Day adventure. How many shows will take place on the 2nd of March? It's anyone's guess! !

### **South was up to something**

*Indeed, Improv Day is born in the South of France thanks to the LIPAIX (Improv'league of Aix-en-Provence) in 2015 and first suggested to a few neighboring leagues, then nationwide... until the idea quickly crossed the borders by its universality and simplicity.*

[www.improvday.com](http://www.improvday.com)

*"The craze for this project is already above our expectations since the first edition. Of some troupes, we quickly passed in several tens, and this second edition exceeded hundred events spread on five continents and in more than twenty-seven countries!*

*Ideally, we wish this phenomenon to grow and prosper in the years to come and that other creative arts such as dance, painting and music join the movement! "*

**Clément Gibier, coordinator of the event.**

For any questions request, please contact our team on facebook



## What is its origin ?

Theatersport is almost as ancient as theater itself, since greek tragedy already used it in the Dionysus' cult. From the fifth century B.C with the Poetics of Aristotle "Tragedy--as also Comedy--was at first mere improvisation".

It also can be found in ancient Rome, third century B.C , as the base of the comical jokes of the Atellane comedy, ancestor of the Comedia dell'arte. This last one made this art popular in the 16th century, using improvisation to throw light on characters and framing, giving the play a new purpose every night.

## What is it ?

Improvisation is the art of telling and playing stories from a simple word, sentence, drawing or music. In a few minutes, actors will give life to funny, crazy, sometimes moving but always ephemera and unique tales.

With family, friends or coworkers, for the youngest or the wisest, there is no age to enjoy a good improv'show!

## What is theatersport ?

Theatersport is born in 1977 in Quebec. As people fled theatre centers in favor of hockey stadium, Robert Gravel and Keith Johnson created a concept with a fusion between sport, game and theatre. Bringing back the referee's shirt and the rules of Hockey on stage, they will try to give the thrill and excitement of the live show to the spectators and actors.

This concept was brought to France in the 80's by the LIFI (Improvisation French League) and has known a dazzling success, which still increase nowadays in France.

In a game, two teams of 4 to 6 "players" share the stage and improvise together, on mutual themes given by the referee, sometimes following restraints (with accents, in the way of Shakespeare, miming, etc.). Fouls can be awarded (failure to listen, restraint not followed...) and at the end of each scene the audience votes for their favorite team with voting card system.



## CONTACTS

Coordinator : **Clément Gibier** | Facebook : [Frère Mao](#)

Website: [www.improvday.com](http://www.improvday.com)

Facebook : [www.facebook.com/lejourdelimpro](http://www.facebook.com/lejourdelimpro)

Twitter : [www.twitter.com/improvday](http://www.twitter.com/improvday)